

BENEFITS OF ZRII

1. **Amalaki**

- ✓ Increases Longevity through anti-inflammatory activity and antioxidant protection.
- ✓ Helps in anti-aging.
- ✓ Regulates blood sugar keeping cortisol levels in balance.
- ✓ Supports weight management and increases energy.
- ✓ Antioxidant support for both eyesight and nervous system
- ✓ Provides benefit to lungs and respiratory systems.
- ✓ Inhibits allergies and allergic asthma.
- ✓ Protects the heart (cardio-protective)
- ✓ Stabilizes cholesterol.
- ✓ Supports healthy liver function and bile secretion.
- ✓ Strengthens and supports the kidneys and urinary tract.
- ✓ Cleanses the colon and promotes healthy digestion.
- ✓ Promotes efficient digestion, absorption and use of nutrients from food and other herbs.
- ✓ Possesses strong anti-ulcer and ulcer-healing properties.
- ✓ Has been proven to enhance athletic performance and endurance.
- ✓ Decreases respiratory demands during physical activity.
- ✓ Improves stamina and tones the sexual organs of both men and women.
- ✓ Provides anti-oxidant protection.
- ✓ Has anti-tumor properties.
- ✓ Modulates and enhances immune system.
- ✓ Has antiviral properties.
- ✓ Helps reduce inflammation and the pain associated with arthritic conditions.
- ✓ Helps increase bone density.
- ✓ Useful for muscle pain and recovery following a trauma.

2. **Turmeric:**

- ✓ Supports and maintains cellular health.
- ✓ Supports and enhances proper breakdown of dietary fats.
- ✓ Protects the heart (cardio-protective).
- ✓ Promotes healthy circulation.
- ✓ Supports healthy liver function and bile secretion.
- ✓ Provides anti-oxidant protection.
- ✓ Benefits the skin: reduces eczema, psoriasis and various other skin disorders.
- ✓ Helps reduce inflammation and the pain associated with arthritic conditions.
- ✓ Maintains and supports healthy joints.
- ✓ Supports a healthy response to environmental stress

3. **Tulsi:**

- ✓ Increases Longevity through anti-inflammatory activity and antioxidant protection.
- ✓ Helps in anti-aging.
- ✓ Influences the neurochemistry of the brain similar to antidepressant medication.
- ✓ Elevates mood and spirit.
- ✓ Insulin and glucose normalizing; blood sugar and blood-lipid normalizing.

- ✓ Regulates blood-sugar, keeping cortisol levels in balance.
- ✓ Supports weight management and increases energy.
- ✓ Anti-oxidant support for both eyesight and nervous system.
- ✓ Helpful with drug and nicotine withdrawal.
- ✓ Provides benefit to the lung and respiratory systems.
- ✓ Beneficial for asthma and bronchitis.
- ✓ Protects the heart (cardio-protective)
- ✓ Stabilizes cholesterol
- ✓ Has a normalizing affect on blood pressure.
- ✓ Strengthens and supports kidneys and urinary tract.
- ✓ Promotes efficient digestion, absorption and use of nutrients from food and other herbs.
- ✓ Possesses strong anti-ulcer and ulcer-healing properties.
- ✓ Has been proven to enhance athletic performance and endurance.
- ✓ Helps fight fatigue and increases energy, endurance, strength, stamina, and physical performance.
- ✓ Has anti-bacterial and microbial activity.
- ✓ Has ant-tumor properties
- ✓ Modulates and enhances the immune system.
- ✓ Has anti-viral properties.
- ✓ Benefits the skin: reduces eczema, psoriasis and various other skin disorders.
- ✓ Helps reduce inflammation and the pain associated with arthritic conditions.
- ✓ Promotes healthy adrenal function.

4. **Ginger:**

- ✓ Promotes healthy circulation.
- ✓ Supports normal, healthy, platelet function and prostaglandin activity.
- ✓ Cleanses the colon and promotes healthy digestion.
- ✓ Supports and helps maintain normal body temperature.
- ✓ Maintains and supports healthy joints.
- ✓ Supports a healthy response to environmental stress.
- ✓ Promotes the body's normal resistance function.

5. **Schizandra:**

- ✓ Increases Longevity through anti-inflammatory activity and antioxidant protection.
- ✓ Supports and maintains cellular health.
- ✓ Helps relieve menopausal symptoms.
- ✓ Influences the neurochemistry of the brain similar to antidepressant medication.
- ✓ Can provide relief from anxiety, panic, obsessive-compulsive and posttraumatic stress disorders.
- ✓ Enhances, reflexes, work performance, and mental activity.
- ✓ Stimulates the nervous system.
- ✓ Enhances memory and mental clarity.
- ✓ Antioxidant support for both eyesight and nervous system.
- ✓ Increases visual acuity, peripheral sensitivity, night vision and decreases eye fatigue.
- ✓ Provides specific benefits to the lungs and respiratory systems.
- ✓ Inhibits allergies and allergic asthma.
- ✓ Protects the heart (cardio-protective)
- ✓ Supports healthy liver function and bile secretion.

- ✓ Strengthens and supports the kidneys and urinary tract.
- ✓ It is both calming and stimulating. It can provide alertness without stimulating effects of caffeine.
- ✓ Has been proven to enhance athletic performance and endurance.
- ✓ Decreases respiratory demands during physical activity.
- ✓ Helps fight fatigue and increases energy, endurance, strength, stamina and physical performance.
- ✓ Improves stamina and tones sexual organs of both men and women.
- ✓ Provides antioxidant protection.
- ✓ Has anti-tumor properties.
- ✓ Modulates and enhances the immune system.
- ✓ Helps reduce inflammation and pain associated with arthritic conditions.
- ✓ Useful for muscle pain and recovery following trauma.
- ✓ Eases the effect of everyday tension and stress.
- ✓ Promotes healthy adrenal function.
- ✓ Regulates the production of cortisol, reduces stress, and allows better, more rejuvenating sleep.

6. Jujube

- ✓ Can provide relief from anxiety, panic, obsessive-compulsive and posttraumatic stress disorders.
- ✓ Protects the heart (cardio-protective)
- ✓ Supports healthy liver function and bile secretion.

7. Haritaki

- ✓ Supports weight management and increases energy.
- ✓ Antioxidant support for both eyesight and nervous system.
- ✓ Beneficial for asthma and bronchitis.
- ✓ Has anti-bacterial and microbial activity.
- ✓ Has anti-tumor properties.
- ✓ Modulates and enhances the immune system.
- ✓ Benefits the skin: reduces eczema, psoriasis and various other skin disorders.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, prevent or cure any disease.

References:

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